

Results

RACE 1 YOUNG FEMALE ATHLETES 3 X 2,500M

Leg 1

Pos	No	Leg 1 Time	Ind Time	Runner		Cat Club
1	4	00:09:21	00:09:21	Beth	Duff	U13 EAST KILBRIDE AAC A
2	1	00:09:28	00:09:28	Josephine	Moultrie	U13 CITY OF GLASGOW A
3	6	00:09:29	00:09:29	Nicole	McLeod	U13 GIFFNOCK NORTH A
4	33	00:09:42	00:09:42	Jennifer	Hannah	U13 KIRKINTILLOCH OLY A
5	7	00:09:51	00:09:51	Rachel	McDowall	U13 GIFFNOCK NORTH B
6	36	00:10:01	00:10:01	Naomi	Smith	U13 NITHSDALE AC
7	9	00:10:10	00:10:10	Catriona	Lockie	U13 GIFFNOCK NORTH D
8	11	00:10:21	00:10:21	Megan	Cairns	U13 GIFFNOCK NORTH F
9	26	00:10:25	00:10:25	Jordan	McKenzie	U13 KILBARCHAN AAC A
10	2	00:10:32	00:10:32	Lucinda	Logan	U13 CITY OF GLASGOW B
11	3	00:10:33	00:10:33	Laura	Mangan	U13 CITY OF GLASGOW C
12	8	00:10:35	00:10:35	M	McCluskey	U13 GIFFNOCK NORTH C
13	30	00:10:40	00:10:40	Lauren	Young	U13 KILBARCHAN AAC E
14	12	00:10:42	00:10:42	Sarah	Wilkie	U13 GIFFNOCK NORTH G
15	17	00:10:48	00:10:48	Holly	Morrison	U13 INVERCLYDE B
16	29	00:10:50	00:10:50	Jennifer	Quigley	U13 KILBARCHAN AAC D
17	27	00:10:52	00:10:52	Michelle	Bell	U13 KILBARCHAN AAC B
18	22	00:10:58	00:10:58	Shelby	Hollas	U13 KILMARNOCK H A
19	16	00:11:24	00:11:24	Sammi	Coyle	U13 INVERCLYDE A
20	10	00:11:31	00:11:31	J	McConville	U13 GIFFNOCK NORTH E
21	28	00:11:32	00:11:32	Victoria	Phillips	U13 KILBARCHAN AAC C
22	31	00:11:35	00:11:35	Kirsty	Nisbet	U13 KILBARCHAN AAC F
23	14	00:11:39	00:11:39	A	Hilley	U13 GIFFNOCK NORTH I
24	18	00:11:41	00:11:41	Rachael	Bushfield	U13 INVERCLYDE C
25	32	00:12:00	00:12:00	Gemma	Cassidy	U13 KILBARCHAN AAC G
26	34	00:12:13	00:12:13	Rebecca	McLennan	U13 KIRKINTILLOCH OLY B
27	15	00:12:33	00:12:33	Alison	Howie	U13 GIFFNOCK NORTH J
28	13	00:12:50	00:12:50	Lauren	Young	U13 GIFFNOCK NORTH H
29						
30						
31						
32						
33						
34						
35						
36						
37						
38						
39						
40						
41						
42						
43						
44						
45						
46						
47						
48						
49						
50						

WEST DISTRICT CROSS COUNTRY RELAYS STEPPS SAT 11 OCTOBER 2003

Results

RACE 1 YOUNG FEMALE ATHLETES 3 X 2,500M

Leg 2

Pos	No	Leg 2 Time	Ind Time	Runner		Cat	Club
1	1	0:18:39	00:09:11	Rebecca	Finch	U15	CITY OF GLASGOW A
2	6	0:18:55	00:09:26	Sarah	Phee	U15	GIFFNOCK NORTH A
3	36	0:19:27	00:09:26	Nicola	Hood	U15	NITHSDALE AC
4	7	0:19:33	00:09:42	Jennifer	Conway	U15	GIFFNOCK NORTH B
5	9	0:19:50	00:09:40	Laura	Connelly	U15	GIFFNOCK NORTH D
6	2	0:19:58	00:09:26	Louise	Leadbetter	U15	CITY OF GLASGOW B
7	4	0:20:09	00:10:48	Zoe	Martelli	U15	EAST KILBRIDE AAC A
8	26	0:20:10	00:09:45	Eilidh	Menzies	U15	KILBARCHAN AAC A
9	8	0:20:12	00:09:37	Laura	Taylor	U15	GIFFNOCK NORTH C
10	30	0:20:52	00:10:12	Holly	Belch	U15	KILBARCHAN AAC E
11	12	0:20:54	00:10:12	Helen	Sweeney	U15	GIFFNOCK NORTH G
12	27	0:20:57	00:10:05	Kirsty	Reid	U15	KILBARCHAN AAC B
13	33	0:21:03	00:11:21	Courtney	MacGuire	U15	KIRKINTILLOCH OLY A
14	11	0:21:07	00:10:46	Ruth	Joss	U15	GIFFNOCK NORTH F
15	17	0:21:10	00:10:22	Jaimie	McTiernan	U15	INVERCLYDE B
16	29	0:21:12	00:10:22	Jillian	Allan	U15	KILBARCHAN AAC D
17	28	0:21:32	00:10:00	Hazel	Blair	U15	KILBARCHAN AAC C
18	10	0:21:39	00:10:08	R	Pike	U15	GIFFNOCK NORTH E
19	16	0:21:45	00:10:21	Susanna	Spence	U15	INVERCLYDE A
20	3	0:21:46	00:11:13	Elaine	Taggart	U15	CITY OF GLASGOW C
21	18	0:22:06	00:10:25	Gillian	McMillan	U15	INVERCLYDE C
22	14	0:22:32	00:10:53	C	McCluskey	U15	GIFFNOCK NORTH I
23	22	0:22:45	00:11:47	Kirsty	Mcculloch	u15	KILMARNOCK H A
24	34	0:23:10	00:10:57	Sarah	McLennan	U15	KIRKINTILLOCH OLY B
25	31	0:23:12	00:11:37	Allyson	Alcroft	U15	KILBARCHAN AAC F
26	32	0:23:48	00:11:48	Claire	McNicol	U15	KILBARCHAN AAC G
27	13	0:23:54	00:11:04	Amy	Bissland	U15	GIFFNOCK NORTH H
28	15	0:24:06	00:11:33	K	Black	U15	GIFFNOCK NORTH J
29							
30							
31							
32							
33							
34							
35							
36							
37							
38							
39							
40							
41							
42							
43							
44							
45							
46							
47							
48							
49							
50							

Results

RACE 1 YOUNG FEMALE ATHLETES 3 X 2,500M

Leg 3

Pos	No	Leg 3 Time	Ind Time	Runner	Cat	Club
1	1	0:28:14	00:09:35	Joanne Finch	U17	CITY OF GLASGOW A
2	6	0:28:27	00:09:32	Frances McCluskey	U17	GIFFNOCK NORTH A
3	36	0:29:17	00:09:50	Victoria Currie	U17	NITHSDALE AC
4	2	0:29:22	00:09:24	Laura MacPherson	U17	CITY OF GLASGOW B
5	7	0:29:37	00:10:04	Tracy Smith	U17	GIFFNOCK NORTH B
6	26	0:30:04	00:09:54	Claire MacAulay	U17	KILBARCHAN AAC A
7	9	0:30:18	00:10:28	Amanda Paterson	U17	GIFFNOCK NORTH D
8	8	0:30:27	00:10:15	Kerry McGee	U17	GIFFNOCK NORTH C
9	27	0:31:11	00:10:14	Cara Sloss	U17	KILBARCHAN AAC B
10	30	0:31:37	00:10:45	Samantha Scrimgeour	U17	KILBARCHAN AAC E
11	10	0:31:48	00:10:09	Fiona McKay	U17	GIFFNOCK NORTH E
12	33	0:32:01	00:10:58	Jenna Witchell	U17	KIRKINTILLOCH OLY A
13	3	0:32:05	00:10:19	Letitia Blades	U17	CITY OF GLASGOW C
14	28	0:32:10	00:10:38	Katherine Wilkie	U17	KILBARCHAN AAC C
15	29	0:32:17	00:11:05	Fiona McIntyre	U17	KILBARCHAN AAC D
16	22	0:32:46	00:10:01	Emma Mackie	U17	KILMARNOCK H A
17	34	0:34:16	00:11:06	Lynsey Bowles	U17	KIRKINTILLOCH OLY B
18	31	0:34:38	00:11:26	Linzi Milton	U17	KILBARCHAN AAC F
19	32	0:35:14	00:11:26	Louise Baxter	U17	KILBARCHAN AAC G
20						
21						
22						
23						
24						
25						
26						
27						
28						
29						
30						
31						
32						
33						
34						
35						
36						
37						
38						
39						
40						
41						
42						
43						
44						
45						
46						
47						
48						
49						
50						

Results

RACE 2 YOUNG MALES ATHLETES 3 X 2500M

Leg 1

Pos	No	Leg 1 Time	Ind Time	Runner		Cat	Club
1	72	00:08:48	00:08:48	Craig	MacDonald	U13	KIRKINTILLOCH OLY A
2	41	00:08:51	00:08:51	Ben	Ferguson	U13	CALDERGLEN H A
3	46	00:08:55	00:08:55	John	Fergusson	U13	EAST KILBRIDE AAC A
4	82	00:08:58	00:08:58	Stuart	Jamieson	U13	WHITEMOSS AAC
5	75	00:09:04	00:09:04	S	Taggart	U13	RH CAMBUSLANG A
6	64	00:09:10	00:09:10	Scott	MacAulay	U13	KILBARCHAN AAC A
7	65	00:09:15	00:09:15	Stuart	King	U13	KILBARCHAN AAC B
8	48	00:09:21	00:09:21	Steven	Gray	U13	GIFFNOCK NORTH AAC A
9	60	00:09:24	00:09:24	Ryan	McDonald	U13	IRVINE AC
10	73	00:09:25	00:09:25	Matthew	Graham	U13	KIRKINTILLOCH OL B
11	47	00:09:27	00:09:27	David	Gorman	U13	EAST KILBRIDE AAC B
12	49	00:09:27	00:09:27	Paul	Bainbridge	U13	GIFFNOCK NORTH AAC B
13	52	00:09:28	00:09:28	Greg	Lambert	U13	GIFFNOCK NORTH AAC E
14	74	00:09:30	00:09:30	Ross	MacDonald	U13	LAW & DISTRICT
15	79	00:09:42	00:09:42	Gary	McBride	U13	SHETTLESTON H A
16	61	00:09:50	00:09:50	David	Jarvis	U13	KILMARNOCK H AC A
17	80	00:09:58	00:09:58	Ryan	McConway	U13	SHETTLESTON H B
18	66	00:10:00	00:10:00	Jamie	Milton	U13	KILBARCHAN AAC C
19	81	00:10:03	00:10:03	Martin	Barnett	U13	SHETTLESTON H C
20	68	00:10:06	00:10:06	Lewis	Hunter	U13	KILBARCHAN AAC E
21	76	00:10:10	00:10:10	Craig	Fellows	U13	RH CAMBUSLANG B
22	43	00:10:11	00:10:11	Bryden	Ennis	U13	CLYDESDALE H A
23	62	00:10:24	00:10:24	James	Wales	U13	KILMARNOCK H AC B
24	51	00:10:26	00:10:26	S	Smith	U13	GIFFNOCK NORTH AAC D
25	56	00:10:38	00:10:38	Scott	Smith	U13	INVERCLYDE AAC A
26	77	00:10:48	00:10:48	A	Cuthbert	U13	RH CAMBUSLANG C
27	42	00:10:51	00:10:51	Laurie	McGinley	U13	CALDERGLEN H B
28	67	00:10:54	00:10:54	Andrew	McAlpine	U13	KILBARCHAN AAC D
29	44	00:10:58	00:10:58	David	Brown	U13	CLYDESDALE H B
30							
31							
32							
33							
34							
35							
36							
37							
38							
39							
40							
41							
42							
43							
44							
45							
46							
47							
48							
49							
50							

RACE 2 YOUNG MALES ATHLETES 3 X 2500M

Leg 2							
Pos	No	Leg 2 Time	Ind Time	Runner		Cat	Club
1	72	0:17:22	00:08:34	Alan Ramsay		U15	KIRKINTILLOCH OLY A
2	41	0:17:35	00:08:44	William Robertson		U15	CALDERGLEN H A
3	64	0:17:44	00:08:34	Stephen McGoldrick		U15	KILBARCHAN AAC A
4	82	0:17:54	00:08:56	David Robertson		U15	WHITEMOSS AAC
5	48	0:17:57	00:08:36	James Baird		U15	GIFFNOCK NORTH AAC A
6	46	0:17:59	00:09:04	Niall Walker		U15	EAST KILBRIDE AAC A
7	79	0:18:00	00:08:18	Christophe McGarrity		U15	SHETTLESTON H A
8	65	0:18:15	00:09:00	Paul Leck		U15	KILBARCHAN AAC B
9	75	0:18:22	00:09:18	Paul McGarry		U15	RH CAMBUSLANG A
10	49	0:18:27	00:09:00	Kieran McCluskey		U15	GIFFNOCK NORTH AAC B
11	60	0:18:29	00:09:05	William Morgan		U15	IRVINE AC
12	80	0:18:31	00:08:33	Mark McKelvie		U15	SHETTLESTON H B
13	61	0:18:34	00:08:44	Mark McGill		U15	KILMARNOCK H AC A
14	66	0:18:54	00:08:54	Mark McGovern		U15	KILBARCHAN AAC C
15	52	0:18:57	00:09:29	David Walker		U15	GIFFNOCK NORTH AAC E
16	73	0:19:05	00:09:40	Kevin Cornes		U15	KIRKINTILLOCH OL B
17	43	0:19:13	00:09:02	Craig Young		U15	CLYDESDALE H A
18	74	0:19:15	00:09:45	Gary Grieve		U15	LAW & DISTRICT
19	47	0:19:18	00:09:51	Jamie Clements		U15	EAST KILBRIDE AAC B
20	68	0:19:23	00:09:17	Martin Lipton		U15	KILBARCHAN AAC E
21	76	0:19:34	00:09:24	Andrew Robertson		U15	RH CAMBUSLANG B
22	77	0:19:47	00:08:59	Ewan McLeod		U15	RH CAMBUSLANG C
23	51	0:19:56	00:09:30	David Stevenson		U15	GIFFNOCK NORTH AAC D
24	56	0:20:47	00:10:09	Jonathan Bannister		U15	INVERCLYDE AAC A
25	42	0:21:18	00:10:27	Graeme Robertson		U15	CALDERGLEN H B
26	62	0:21:34	00:11:10	Jamie Hannah		U13	KILMARNOCK H AC B
27	67	0:22:07	00:11:13	Stephen Hill		U15	KILBARCHAN AAC D
28							
29							
30							
31							
32							
33							
34							
35							
36							
37							
38							
39							
40							
41							
42							
43							
44							
45							
46							
47							
48							
49							
50							

RACE 2 YOUNG MALES ATHLETES 3 X 2500M

Leg 3							
Pos	No	Leg 3 Time	Ind Time	Runner		Cat	Club
1	64	0:25:37	00:07:53	Chris	Devenney	U17	KILBARCHAN AAC A
2	65	0:26:05	00:07:50	Craig	McCaffer	U17	KILBARCHAN AAC B
3	79	0:26:10	00:08:10	Gordon	Phillips	U17	SHETTLESTON H A
4	75	0:26:18	00:07:56	Stephen	Dunn	U17	RH CAMBUSLANG A
5	72	0:26:23	00:09:01	Adam	Janeczko	U17	KIRKINTILLOCH OLY A
6	48	0:26:27	00:08:30	David	Clark	U17	GIFFNOCK NORTH AAC A
7	82	0:26:31	00:08:37	Gary	Mackay	U17	WHITEMOSS AAC
8	41	0:26:34	00:08:59	Euan	Robb	U17	CALDERGLEN H A
9	80	0:26:44	00:08:13	David	Wallace Jnr	U17	SHETTLESTON H B
10	60	0:26:47	00:08:18	Stephen	Daye	U17	IRVINE AC
11	49	0:27:03	00:08:36	Alistair	Booth	U17	GIFFNOCK NORTH AAC B
12	76	0:27:33	00:07:59	David	Ward	U17	RH CAMBUSLANG B
13	61	0:27:41	00:09:07	Sean	Welsh	U17	KILMARNOCK H AC A
14	77	0:27:54	00:08:07	Andrew	Greenhaugh	U17	RH CAMBUSLANG C
15	52	0:28:00	00:09:03	Andrew	Carr	U17	GIFFNOCK NORTH AAC E
16	74	0:28:09	00:08:54	Craig	Strachan	U17	LAW & DISTRICT
17	66	0:28:15	00:09:21	Richard	McLaughlin	U17	KILBARCHAN AAC C
18	51	0:28:19	00:08:23	Douglas	Rathey	U17	GIFFNOCK NORTH AAC D
19	50	0:28:42	00:28:42	Norman	Galbraith	U17	GIFFNOCK NORTH AAC C
20	42	0:31:06	00:09:48	Steven	McInally	U17	CALDERGLEN H B
21	67	0:31:32	00:09:25	Andrew	Jack	U17	KILBARCHAN AAC D
22							
23							
24							
25							
26							
27							
28							
29							
30							
31							
32							
33							
34							
35							
36							
37							
38							
39							
40							
41							
42							
43							
44							
45							
46							
47							
48							
49							
50							

Results RACE 3 SENIOR/JUNIOR FEMALES 3 X 4000M

Leg 1

Pos	No	Leg 1 Time	Ind Time	Runner	Cat	Club
1	98	00:13:38	00:13:38	Lindsay	MacNeill	SEN SHETTLESTON H LADIES
2	102	00:13:41	00:13:41	Michelle	Sandison	SEN STRATHCLYDE UNIV
3	87	00:13:46	00:13:46	Susan	Finch	VET CITY OF GLASGOW A
4	94	00:13:53	00:13:53	Lindsay	McMahon	SEN JW KILMARNOCK H A
5	99	00:14:07	00:14:07	Clare	Gemmell	SEN SPRINGBURN H LADIES
6	96	00:14:18	00:14:18	Dennise	Smith	SEN KILBARCHAN AC A
7	93	00:14:26	00:14:26	Helen	Morton	VET IRVINE AC
8	91	00:14:40	00:14:40	Doleen	Galbraith	VET GIFFNOCK NORTH A
9	88	00:14:49	00:14:49	Jacqueline	Thomson	VET CITY OF GLASGOW B
10	92	00:15:14	00:15:14	Shona	Hughes	SEN GIFFNOCK NORTH B
11	89	00:15:27	00:15:27	Heather	Akers	VET GARSCUBE H A
12	86	00:15:47	00:15:47	Catriona	Kerr	SEN CALDERGLEN H B
13	101	00:16:23	00:16:23	Liz	Horton	SEN WESTERLANDS CCC
14	90	00:17:25	00:17:25	Fiona	Sharp	SEN GARSCUBE H B
15	85	00:18:14	00:18:14	Denise	Drysdale	SEN CALDERGLEN H A
16						
17						
18						
19						
20						
21						
22						
23						
24						
25						
26						
27						
28						
29						
30						
31						
32						
33						
34						
35						
36						
37						
38						
39						
40						
41						
42						
43						
44						
45						
46						
47						
48						
49						
50						

RACE 3 SENIOR/JUNIOR FEMALES 3 X 4000M

Leg 2						
Pos	No	Leg 2 Time	Ind Time	Runner		Cat Club
1	96	0:28:23	00:14:05	Hannah	Waugh	SEN KILBARCHAN AC A
2	87	0:28:37	00:14:51	Kirsteen	Young	SEN CITY OF GLASGOW A
3	99	0:28:50	00:14:43	Marlene	Hunter	SEN SPRINGBURN H LADIES
4	98	0:28:51	00:15:13	Claire	McCracken	SEN SHETTLESTON H LADIES
5	102	0:29:09	00:15:28	Claire	Prentice	SEN STRATHCLYDE UNIV
6	94	0:29:35	00:15:42	Janet	Murray	SEN JW KILMARNOCK H A
7	91	0:29:52	00:15:12	Hilary	Millar	SEN GIFFNOCK NORTH A
8	88	0:30:12	00:15:23	Laura	Thomson	U20 CITY OF GLASGOW B
9	92	0:30:26	00:15:12	Andrea	Cameron	SEN GIFFNOCK NORTH B
10	93	0:31:37	00:17:11	Mary	Miller	VET IRVINE AC
11	89	0:31:54	00:16:27	Hazel	Watson	SEN GARSCUBE H A
12	86	0:32:29	00:16:42	Melanie	Fraser	SEN CALDERGLEN H B
13	101	0:32:58	00:16:35	Elspeth	Scott	SEN WESTERLANDS CCC
14	85	0:37:29	00:19:15	Mandy	Cullie	SEN CALDERGLEN H A
15	90	0:38:09	00:20:44	Maureen	O'Hara	SEN GARSCUBE H B
16						
17						
18						
19						
20						
21						
22						
23						
24						
25						
26						
27						
28						
29						
30						
31						
32						
33						
34						
35						
36						
37						
38						
39						
40						
41						
42						
43						
44						
45						
46						
47						
48						
49						
50						

RACE 3 SENIOR/JUNIOR FEMALES 3 X 4000M

Leg 3						
Pos	No	Leg 3 Time	Ind Time	Runner		Cat Club
1	96	0:43:33	00:15:10	Karen	Yule	SEN KILBARCHAN AC A
2	87	0:43:44	00:15:07	Kirsty	Baird	SEN CITY OF GLASGOW A
3	98	0:44:17	00:15:26	Anne-Mari	Hughes	VET SHETTLESTON H LADIES
4	91	0:45:00	00:15:08	Maureen	McVey	VET GIFFNOCK NORTH A
5	102	0:45:44	00:16:35	Mhairi	No Surname	SEN STRATHCLYDE UNIV
6	94	0:46:03	00:16:28	Paula	Wilson	SEN JW KILMARNOCK H A
7	92	0:46:25	00:15:59	Sylvia	Campbell	VET GIFFNOCK NORTH B
8	89	0:47:33	00:15:39	Julia	Brosnan	VET GARSCUBE H A
9	93	0:48:27	00:16:50	Alison	Craig	VET IRVINE AC
10	88	0:48:42	00:18:30	Anne	Boyd	VET CITY OF GLASGOW B
11	86	0:48:58	00:16:29	Stacey Ann	Erwin	SEN CALDERGLEN H B
12	101	0:50:12	00:17:14	Christine	Menhennet	VET WESTERLANDS CCC
13						
14						
15						
16						
17						
18						
19						
20						
21						
22						
23						
24						
25						
26						
27						
28						
29						
30						
31						
32						
33						
34						
35						
36						
37						
38						
39						
40						
41						
42						
43						
44						
45						
46						
47						
48						
49						
50						

WEST DISTRICT CROSS COUNTRY RELAYS STEPS SAT 11 OCTOBER 2003

Results

Race 4 Senior/Junior Male 4 x 4000m

Leg 1

Pos	No	Leg 1 Time	Ind Time	Runner	Cat	Club
1	10	00:11:30	00:11:30	Mark Rudzinski	SEN	Clydesdale Harriers A
2	33	00:11:34	00:11:34	David Millar	SEN	Irvine AC
3	1	00:11:40	00:11:40	Robert Napier	SEN	Ayr Seaforth AAC
4	46	00:11:42	00:11:42	John Brown	VET	Ron Hill Cambuslang Harriers
5	47	00:11:51	00:11:51	Iain Grant	SEN	Ron Hill Cambuslang Harriers
6	52	00:11:54	00:11:54	Adrian Callan	VET	Shettleston Harriers B
7	36	00:11:59	00:11:59	Edward Tonner	SEN	J W Kilmarnock H&AC
8	51	00:12:03	00:12:03	Andy Little	SEN	Shettleston Harriers
9	39	00:12:05	00:12:05	James Snodgrass	SEN	Kilbarchan AAC
10	23	00:12:18	00:12:18	Stephen McLoone	VET	Greenock Glenpark Harriers
11	14	00:12:22	00:12:22	Grant Baillie	SEN	East Kilbride AAC
12	5	00:12:31	00:12:31	Alan Derrick	SEN	Calderglen Harriers
13	53	00:12:40	00:12:40	Brian McGarrity	SEN	Shettleston Harriers C
14	43	00:12:41	00:12:41	Colin Burns	SEN	Kirkintilloch Olympians B
15	48	00:12:45	00:12:45	Gerry Reid	VET	Ron Hill Cambuslang Harrier
16	42	00:12:55	00:12:55	Edward McLoone	SEN	Kirkintilloch Olympians
17	69	00:13:01	00:13:01	Martin Fitchie	SEN	Strathclyde Univ
18	28	00:13:02	00:13:02	Graeme Hyett	SEN	Inverclyde AC
19	20	00:13:03	00:13:03	Paul Harte	SEN	Giffnock North AAC
20	3	00:13:04	00:13:04	Campbell Joss	VET	Bellahouston Harriers
21	34	00:13:05	00:13:05	Andrew Rennie	VET	Irvine AC B
22	11	00:13:17	00:13:17	Derek Halpin	SEN	Clydesdale Harriers B
23	6	00:13:20	00:13:20	Stuart Gibson	U20	Calderglen Harriers B
24	16	00:13:24	00:13:24	Ian Mennie	VET	Garscube Harriers
25	40	00:13:30	00:13:30	Michael McGinley	VET	Kilbarchan AAC B
26	60	00:13:31	00:13:31	Duncan Thomson	SEN	Victoria Park AAC
27	67	00:13:32	00:13:32	Gordon Hanley	VET	Dumbarton AAC
28	17	00:13:38	00:13:38	Iain Cullen	SEN	Garscube Harriers B
29	2	00:13:39	00:13:39	Lawerence Baker	VET	Ayr Seaforth AAC B
30	37	00:13:40	00:13:40	Scott Russell	SEN	J W Kilmarnock H&AC B
31	30	00:13:47	00:13:47	Edward Watt	VET	Inverclyde AC B
32	65	00:13:51	00:13:51	Charles Campbell	SEN	Westerlands XC Club
33	35	00:14:02	00:14:02	Joseph McNamee	VET	Irvine AC C
34	41	00:14:04	00:14:04	Derek Brines	SEN	Kilbarchan AAC C
35	58	00:14:04	00:14:04	George McGregor	VET	Troon Tortoises AC
36	49	00:14:06	00:14:06	David Fairweather	VET	Ron Hill Cambuslang Harrier
37	29	00:14:11	00:14:11	David Gray	VET	Inverclyde AC A
38	4	00:14:18	00:14:18	Anthony Quinn	VET	Bellahouston Harriers B
39	18	00:14:23	00:14:23	David Geddes	VET	Garscube Harriers C
40	12	00:14:31	00:14:31	Cliff Brown	VET	Clydesdale Harriers C
41	56	00:14:34	00:14:34	Andrew Callan	SEN	Springburn Harriers
42	68	00:14:38	00:14:38	Steven Pitt	VET	Dumbarton AAC B
43	21	00:14:44	00:14:44	Steven Campbell	VET	Giffnock North AAC B
44	13	00:14:50	00:14:50	Brian.K.E Edridge	VET	Clydesdale Harriers D
45	66	00:14:53	00:14:53	Blair Millen	SEN	Westerlands XC Club B
46	61	00:14:57	00:14:57	Kenneth McVey	VET	Victoria Park AAC B
47	25	00:15:03	00:15:03	Ernest Currie	VET	Greenock Glenpark Harriers
48	24	00:15:23	00:15:23	Andrew McCall	SEN	Greenock Glenpark Harriers
49	59	00:15:53	00:15:53	Vincent Daly	VET	Troon Tortoises AC B
50	7	00:16:32	00:16:32	Stephen Marzella	SEN	Calderglen Harriers C

WEST DISTRICT CROSS COUNTRY RELAYS STEPS SAT 11 OCTOBER 2003

51	54	00:16:35	00:16:35	David	Alexander	SEN Shettleston Harriers D
52	15	00:16:58	00:16:58	Edgar	Ramage	VET East Kilbride AAC B
53	8	00:17:40	00:17:40	Malcolm	Buchanan	VET Calderglen Harriers D
54	19	00:23:07	00:23:07	Gerald	Hartley	SEN Garscube Harriers D

WEST DISTRICT CROSS COUNTRY RELAYS STEPS SAT 11 OCTOBER 2003

Race 4 Senior/Junior Male 4 x 4000m

		Leg 2					
	Pos	No	Leg 2 Time	Ind Time	Runner	Cat	Club
	1	33	0:23:05	00:11:31	William Richardson	VET	Irvine AC
	2	10	0:23:12	00:11:42	Ian Murphy	VET	Clydesdale Harriers A
	3	39	0:23:20	00:11:15	Robert Quinn	SEN	Kilbarchan AAC
s	4	46	0:23:23	00:11:41	Andrew Wright	SEN	Ron Hill Cambuslang Harriers
s B	5	51	0:23:26	00:11:23	Stuart Gibson	SEN	Shettleston Harriers
	6	47	0:23:38	00:11:47	Iain MacCorquodale	SEN	Ron Hill Cambuslang Harrier
	7	1	0:24:16	00:12:36	Alex Allardyce	SEN	Ayr Seaforth AAC
	8	52	0:24:24	00:12:30	John Mackay	VET	Shettleston Harriers B
	9	28	0:24:26	00:11:24	Mark Pollard	SEN	Inverclyde AC
s	10	5	0:24:56	00:12:25	Martin Duthie	VET	Calderglen Harriers
	11	23	0:25:00	00:12:42	Andrew Morrison	SEN	Greenock Glenpark Harriers
	12	42	0:25:11	00:12:16	Chris Stewart	SEN	Kirkintilloch Olympians
	13	36	0:25:12	00:13:13	John Gebbie	VET	J W Kilmarnock H&AC
	14	14	0:25:18	00:12:56	David J. Condra	VET	East Kilbride AAC
s C	15	34	0:25:46	00:12:41	Brian Craig	VET	Irvine AC B
	16	48	0:25:55	00:13:10	Frederick Connor	VET	Ron Hill Cambuslang Harrier
	17	40	0:26:06	00:12:36	Thomas Anderson	VET	Kilbarchan AAC B
	18	3	0:26:06	00:13:02	David Boal	SEN	Bellahouston Harriers
	19	20	0:26:10	00:13:07	Marc Roper	VET	Giffnock North AAC
	20	69	0:26:18	00:13:17	Benny Hands	SEN	Strathclyde Univ
	21	43	0:26:33	00:13:52	Robert Rogerson	VET	Kirkintilloch Olympians B
	22	16	0:26:52	00:13:28	Benny McLaughlin	SEN	Garscube Harriers
	23	53	0:27:05	00:14:25	Hugh Watson	VET	Shettleston Harriers C
	24	60	0:27:09	00:13:38	Joseph Doyle	VET	Victoria Park AAC
	25	37	0:27:12	00:13:32	Graham Cairns	VET	J W Kilmarnock H&AC B
	26	2	0:27:15	00:13:36	Peter Laing	VET	Ayr Seaforth AAC B
	27	11	0:27:15	00:13:58	Brian Gallagher	SEN	Clydesdale Harriers B
	28	67	0:27:21	00:13:49	Frank Yeoman	VET	Dumbarton AAC
	29	49	0:27:32	00:13:26	John McPake	SEN	Ron Hill Cambuslang Harrier
	30	65	0:27:51	00:14:00	Daniel Reid	VET	Westerlands XC Club
	31	6	0:28:16	00:14:56	George Stewart	VET	Calderglen Harriers B
	32	58	0:28:20	00:14:16	Ian Beattie	SEN	Troon Tortoises AC
	33	56	0:28:26	00:13:52	John Henderson	SEN	Springburn Harriers
	34	35	0:28:35	00:14:33	Finlay Dowell	VET	Irvine AC C
	35	29	0:28:47	00:14:36	John Bannister	VET	Inverclyde AC A
s D	36	17	0:28:55	00:15:17	Iain Dunn	VET	Garscube Harriers B
	37	68	0:28:55	00:14:17	Brian Clarke	SEN	Dumbarton AAC B
	38	21	0:30:05	00:15:21	James O'Hagan	SEN	Giffnock North AAC B
	39	66	0:30:13	00:15:20	Sandy McNeil	VET	Westerlands XC Club B
	40	24	0:31:01	00:15:38	William McLaughlin	VET	Greenock Glenpark Harriers
	41	12	0:31:34	00:17:03	Gerry Kane	SEN	Clydesdale Harriers C
	42	61	0:31:37	00:16:40	Steven Pitt	VET	Victoria Park AAC B
	43	59	0:32:26	00:16:33	Gordon Dobbie	VET	Troon Tortoises AC B
	44	7	0:32:27	00:15:55	Colin Jarvie	VET	Calderglen Harriers C
	45	25	0:32:27	00:17:24	Richard Hodelet	VET	Greenock Glenpark Harriers
	46	30	0:32:42	00:18:55	Les McMahon	VET	Inverclyde AC B
s C	47	18	0:32:50	00:18:27	Lindsay Cunningham	SEN	Garscube Harriers C
s B	48						
	49	8	0:37:46	00:20:06	Colin Macdonald	VET	Calderglen Harriers D
	50						

WEST DISTRICT CROSS COUNTRY RELAYS STEPS SAT 11 OCTOBER 2003

Race 4 Senior/Junior Male 4 x 4000m

		Leg 3					
	Pos	No	Leg 3 Time	Ind Time	Runner	Cat	Club
s	1	46	0:34:43	00:11:20	Jamie Reid	SEN	Ron Hill Cambuslang Harrier
	2	39	0:34:53	00:11:33	Paul Arcari	SEN	Kilbarchan AAC
	3	33	0:34:54	00:11:49	Lee Richardson	SEN	Irvine AC
	4	51	0:35:14	00:11:48	William Coyle	VET	Shettleston Harriers
	5	47	0:35:45	00:12:07	Ian Munro	U20	Ron Hill Cambuslang Harriers
s B	6	10	0:36:11	00:12:59	James Austin	SEN	Clydesdale Harriers A
	7	28	0:36:53	00:12:27	Gerard Gaffney	VET	Inverclyde AC
	8	42	0:36:54	00:11:43	Stuart Kerr	VET	Kirkintilloch Olympians
s	9	1	0:37:03	00:12:47	Colin Souter	SEN	Ayr Seaforth AAC
	10	52	0:37:11	00:12:47	Robert Soutar	SEN	Shettleston Harriers B
	11	36	0:37:35	00:12:23	Iain Connell	SEN	J W Kilmarnock H&AC
	12	23	0:37:54	00:12:54	George Mitchell	VET	Greenock Glenpark Harriers
	13	5	0:38:18	00:13:22	Graham Allan	SEN	Calderglen Harriers
s C	14	34	0:38:26	00:12:40	Colin Miller	VET	Irvine AC B
	15	69	0:38:40	00:12:22	Kevin Keiley	SEN	Strathclyde Univ
	16	14	0:38:49	00:13:31	Graeme Haddow	VET	East Kilbride AAC
	17	3	0:39:09	00:13:03	John McFadyen	SEN	Bellahouston Harriers
	18	48	0:39:28	00:13:33	Bernard Gough	VET	Ron Hill Cambuslang Harrier
s	19	40	0:39:28	00:13:22	Steven Hards	VET	Kilbarchan AAC B
	20	16	0:39:59	00:13:07	Robert McLennan	VET	Garscube Harriers
	21	20	0:40:11	00:14:01	Gerard McNamee	VET	Giffnock North AAC
	22	37	0:40:37	00:13:25	Stewart McAllister	U20	J W Kilmarnock H&AC B
	23	67	0:40:48	00:13:27	Brian Pitt	VET	Dumbarton AAC
s D	24	60	0:40:55	00:13:46	Philip Carter	VET	Victoria Park AAC
	25	53	0:41:00	00:13:55	Allan Sneddon	SEN	Shettleston Harriers C
	26	49	0:41:05	00:13:33	David Ward	SEN	Ron Hill Cambuslang Harrier
	27	65	0:41:11	00:13:20	Marc McColl	SEN	Westerlands XC Club
	28	11	0:41:13	00:13:58	Pete Cartwright	VET	Clydesdale Harriers B
s	29	43	0:41:23	00:14:50	Neil McCover	VET	Kirkintilloch Olympians B
	30	2	0:42:44	00:15:29	Iain Baird	VET	Ayr Seaforth AAC B
	31	35	0:42:57	00:14:22	Iain Fraser	VET	Irvine AC C
	32	66	0:42:59	00:12:46	Ian Struthers	VET	Westerlands XC Club B
	33	68	0:43:06	00:14:11	Peter Walsh	VET	Dumbarton AAC B
s B	34	29	0:43:13	00:14:26	Robert Shaw	VET	Inverclyde AC A
	35	58	0:43:23	00:15:03	Alasdair McGregor	U20	Troon Tortoises AC
	36	56	0:43:26	00:15:00	Duncan Reid	VET	Springburn Harriers
	37	6	0:44:12	00:15:56	Edward Reid	VET	Calderglen Harriers B
	38	21	0:45:09	00:15:04	Alan Stewart	VET	Giffnock North AAC B
s C	39	17	0:46:01	00:17:06	Stuart Irvine	VET	Garscube Harriers B
	40	12	0:46:30	00:14:56	Peter Rudzinski	VET	Clydesdale Harriers C
	41	24	0:46:37	00:15:36	Kenneth Scott	VET	Greenock Glenpark Harriers
	42	18	0:48:13	00:15:23	Stephen Cullen	VET	Garscube Harriers C
	43	7	0:48:35	00:16:08	Russell Couper	SEN	Calderglen Harriers C
s	44	61	0:49:45	00:18:08	Peter McGregor	VET	Victoria Park AAC B
	45						
	46						
	47						
	48						
	49						
	50						

WEST DISTRICT CROSS COUNTRY RELAYS STEPS SAT 11 OCTOBER 2003

Race 4 Senior/Junior Male 4 x 4000m

Leg 4								
	Pos	No	Leg 4 Time	Ind Time	Runner		Cat	Club
s	1	46	0:46:05	00:11:22	Stephen	Wylie	SEN	Ron Hill Cambuslang Harrier
	2	39	0:47:02	00:12:09	Calum	Morrison	U20	Kilbarchan AAC
	3	51	0:47:16	00:12:02	Martin	Graham	SEN	Shettleston Harriers
	4	33	0:47:19	00:12:25	George	Irving	SEN	Irvine AC
s B	5	47	0:48:13	00:12:28	Stephen	Matthews	U20	Ron Hill Cambuslang Harriers
	6	28	0:48:32	00:11:39	William	Tipping	SEN	Inverclyde AC
	7	42	0:48:53	00:11:59	John	McLoone	SEN	Kirkintilloch Olympians
	8	10	0:49:24	00:13:13	John	Hanratty	VET	Clydesdale Harriers A
s	9	52	0:50:16	00:13:05	Peter	Carton	VET	Shettleston Harriers B
	10	1	0:50:29	00:13:26	Francis	Napier	SEN	Ayr Seaforth AAC
	11	36	0:51:23	00:13:48	David	Mitchell	SEN	J W Kilmarnock H&AC
	12	5	0:51:31	00:13:13	Alan	Cullie	SEN	Calderglen Harriers
s	13	23	0:51:52	00:13:58	Alan	O'Rourke	SEN	Greenock Glenpark Harriers
	14	34	0:51:56	00:13:30	James	White	VET	Irvine AC B
	15	69	0:52:29	00:13:49	No athlete entered			Strathclyde Univ
	16	16	0:52:45	00:12:46	Euan	Mackay	VET	Garscube Harriers
s C	17	3	0:53:00	00:13:51	Stephen	Stone	SEN	Bellahouston Harriers
	18	60	0:53:14	00:12:19	Stuart	Barnett	SEN	Victoria Park AAC
	19	14	0:53:20	00:14:31	Gordon	Colvin	VET	East Kilbride AAC
	20	40	0:53:34	00:14:06	Donald	Petrie	VET	Kilbarchan AAC B
s	21	20	0:53:52	00:13:41	James	Galbraith	VET	Giffnock North AAC
	22	48	0:53:58	00:14:30	Ian	Gordon	VET	Ron Hill Cambuslang Harrier
	23	67	0:54:28	00:13:40	William	Goldie	VET	Dumbarton AAC
	24	37	0:54:51	00:14:14	John	Docherty	SEN	J W Kilmarnock H&AC B
s D	25	65	0:55:20	00:14:09	David	Calder	VET	Westerlands XC Club
	26	68	0:56:13	00:13:07	David	Marsland	SEN	Dumbarton AAC B
	27	49	0:56:36	00:15:31	Peter	Ogden	VET	Ron Hill Cambuslang Harrier
	28	43	0:56:57	00:15:34	Gordon	McLean	VET	Kirkintilloch Olympians B
s	29	11	0:56:58	00:15:45	Robert	Young	VET	Clydesdale Harriers B
	30	29	0:57:14	00:14:01	Robert	Gray	SEN	Inverclyde AC A
	31	58	0:57:38	00:14:15	Alistair	Munn	VET	Troon Tortoises AC
	32	2	0:57:51	00:15:07	A	Macrie	SEN	Ayr Seaforth AAC B
s	33	66	0:58:28	00:15:29	Anthony	Ritchie	VET	Westerlands XC Club B
	34	6	0:59:17	00:15:05	Jim	Holmes	SEN	Calderglen Harriers B
	35	53	0:59:40	00:18:40	Anthony	McCall	VET	Shettleston Harriers C
	36	17	0:60:12	00:14:11	Peter	McGlynn	VET	Garscube Harriers B
s	37	24	0:61:44	00:15:07	Michael	McLoone	U15	Greenock Glenpark Harriers
	38	21	0:61:56	00:16:47	David	Logan	VET	Giffnock North AAC B
	39	7	0:64:31	00:15:56	Charles	Steven	VET	Calderglen Harriers C
	40	35	0:65:07	00:22:10	Tony	McKnight	SEN	Irvine AC C
s B	41							
	42							
	43							
	44							
	45							
	46							
	47							
	48							
	49							
	50							